

West Park Hospital volunteer opportunities

- **Gift Shop:** The West Park Hospital Auxiliary Gift Shop is looking for part-time, substitute and regular clerks. The WPH Gift Shop is entirely volunteer-run and donates thousands of dollars back to the hospital each year. For more information, contact Joel at 578-2512 or jhunt@wphcody.org.
- **Helping transport LTCC residents to doctor appointments:** The Long Term Care Center is in need of a volunteer to assist with our transport of groups of residents to the Cathcart Health Center. We provide the driver, we just need an additional person to accompany our staff member on the ride and help get the residents off of the bus and into the building and back. This is about twice per month, for maybe two hours or so, and is scheduled in advance. For more information, contact Randy at 250-2149 or rlelsey@wphcody.org.
- **Planetree Health Resource Center volunteers:** Volunteers at the Planetree Health Resource Center in the Park County Library assist patrons in accessing computers, finding relevant health and wellness resources in the Planetree collection and assist in maintaining timely and relevant health information on the bulletin board in the HRC. Hours are flexible, but a regular schedule is preferred. For more information, contact Randy at 250-2149 or rlelsey@wphcody.org.
- **Supervise an LTCC resident in the WPH therapy pool:** 1-1½ hours, two to three times a week. Sit by the edge to the swimming pool as a precaution while an LTCC resident uses the therapy pool? A gentleman has expressed interest in swimming and is capable of doing so and oriented; however, he must have someone with him when he is in the pool. For more information, contact Joel at 578-2512 or jhunt@wphcody.org.
- **Musicians:** West Park Hospital is looking for musicians to play live, soothing, healing music for our patients, visitors, etc. This program is still in development, but if you would be interested, please contact Randy at 250-2149 or rlelsey@wphcody.org.
- **Book/movie cart:** Bringing book/movie options to patients on the Acute Care Unit. Cataloging books and movies to create a comprehensive list. Organization of Volunteer Services book room. Volunteer will be trained about patient room restrictions, how to identify restricted rooms and precautions to take, if necessary; and familiarity with and use of infection-control procedures.
- **Pet Therapy:** Pet visits (dogs only in the hospital) to willing patients and staff on the Acute Care Unit and in CMC. Certification of animal through Therapy Dogs Inc. is required for hospital pet visits. Volunteer will be trained about patient room restrictions, how to identify restricted rooms and precautions to take, if necessary; and familiarity with and use of infection-control procedures.
- **LTCC Living Histories:** The interviewer/writer/scrap-booker is responsible for interviewing residents in Long Term Care. The person may then create a scrapbook page, small photo/scrapbook or write a

living histories story about the resident.

- **LTCC Bingo:** Long Term Care Center bingo volunteers are responsible for assisting residents with their bingo cards and helping with prizes Mondays at 2 p.m.
- **LTCC Book Club:** Reading and discussing books with residents. Times are not currently set, but a regular schedule is preferred. Book can be selected with input from residents and staff. Patience with residents who have diminished hearing and other abilities is required.
- **LTCC Current Events Group:** Reading residents newspapers and discussing/keeping up with local news with them. Times are not currently set, but a regular schedule is preferred. Patience with residents who have diminished hearing and other abilities is required.
- **LTCC Manicures:** Assist residents with manicures, polishing, filing, etc., in the LTCC Beauty Shop on Wednesdays at 9 a.m. Volunteers should have knowledge of hand care and nail polish application and removal. The time requirement is as little as one hour per month or as many as four hours per month.
- **LTCC Music Group:** Transporting residents to and from music group Wednesdays at 10 a.m. and interacting with them on a personal level. The time requirement is as little as one hour per month or as many as four hours per month. Demonstrated ability to safely use wheelchairs is required.
- **LTCC Pet Visits:** Volunteers wanted to bring pets to resident rooms on a regular schedule. No certification is needed to visit the LTCC, but handlers must have a demonstrated ability to control animal and properly groom their animal before a visit. Most pets are allowed (beyond dogs) in LTCC, but check with LTCC Administration before bringing exotic pets in. Volunteer handlers are asked to watch for and respect notices posted outside rooms for residents who prefer not to meet with pets.
- **LTCC Special Care Unit Activities:** Work one-on-one with Alzheimer's/dementia residents. Times: Tuesdays at 3:30 p.m., Wednesdays at 4:15 p.m., Thursdays at 3:15 p.m. Volunteers need to be patient with residents who have diminished hearing and mental abilities, be able to interact on a personal level with residents and demonstrate the ability to safely use wheelchairs, if needed.
- **Hand Massages:** The Hand Massage volunteer is responsible for giving individual attention to patients by providing hand massages to individuals in order to provide reassurance, warmth and individualized attention to patients residents. Volunteers will be taught basic hand massage techniques from a WPH massage therapist or other trained personnel.
- **Repurposing Funeral Flowers:** The Repurpose Funeral Flowers position is responsible taking apart and rearranging funeral flower arrangements donated by family members in LTCC in order to facilitate the care of patients by revitalizing the LTCC environment with donated flowers. Time commitment is one, two-to-three hour shift per month.
- **Hospitality Cart (Acute Care):** The Hospitality Cart Position is responsible for baking cookies, setting up and delivery of the Hospitality Cart which is available to patient family and friends on Acute Care in order to facilitate the care of patients' family members and friends by providing snacks and beverages. The Hospitality Cart volunteer will be trained about patient room restrictions, how to

identify restricted rooms and precautions to take, if necessary; and familiarity with and use of infection-control procedures. The Hospitality Cart volunteer also will be trained about patient dietary restrictions and how to identify or find out about such restrictions.

- **Hospital greeter/ambassador:** This position would help patients find the correct department and get to there, whether leading them, pushing them in a wheel chair or offering specific directions. This volunteer also might be asked to take visitors from departments to the main entrance, as well. This position would require learning where the main public hospital departments are and what services they offer; excellent customer service skills to be a first contact with our patients, visitors and families; and commitment to a regular schedule.

Some of the benefits of volunteering include a 10 percent discount at the WPH Gift Shop and a 20 percent discount on massages at WPH's Massage Therapy Services, as well as a free lunch for working a four-hour shifts and invitation to recognition/appreciation luncheons.

To download an application, visit www.westparkhospital.org/volunteers or contact Randy at 250-2149 or rleisey@wphcody.org.